

Little Sprouts Childcare & Preschool - Lunch Menu -

	Monday	Tuesday	Wednesday	Thursday	Friday
Week one	Chicken Tenders W/Whole Grain Crackers Steamed Cauliflower Pineapple Peaches*	Cheese Pizza W/Whole Grain Crust Caesar Salad * Peas Cantaloupe	Chicken Alfredo W/Whole Grain Noodles Green Beans Apple Sauce	Cheeseburger W/Whole Grain Bun JoJo potatoes Pears	Ham & Au Gratin Potatoes W/Whole Grain Dinner Roll Peas Honey Dew
Week Two	Sloppy Joes W/Whole Grain Bun Peas Apples * Apple Sauce	Cheese Quesadilla W/Whole Grain Crackers JoJo Potatoes Fruit Cocktail	Penne in Tinucci Red Sauce & meatballs W/Whole Grain Noodles Green Beans Pears	Chicken Tender Wrap W/Whole Grain Crackers Celery & Ranch *Steamed Cauliflower Peaches	Beef Taco W/Whole Grain Crackers Pea, Carrot & Corn Medley Apple Sauce
Week Three	Italian Dunkers W/Whole Grain Bread Corn Pineapple Peaches *	Cheese Pizza W/Whole Grain Crust Caesar Salad * Peas Cantaloupe	Mac & Cheese W/Whole Grain Dinner Roll Green Beans Honey Dew	Swedish Meatballs W/Whole Grain Dinner Roll White Rice Green Beans Pears	Turkey Sandwich W/Whole Grain bun Carrots & Dip * Steamed Carrots Fresh Orange Slices * Mandarin Oranges
Week Four	Chicken Sandwich W/Whole Grain Bun Cucumbers & Ranch California Medley Pears	Corn Dogs W/Whole Grain Breading * Chicken Nuggets W/Whole Grain Crackers JoJo Potatoes Fruit Cocktail	Cheese Tortellini W/Whole Grain Dinner Roll Green Beans Orange Slices * Mandarin Oranges	Cheeseburger W/Whole Grain Bun JoJo Potatoes Apples * Applesauce	Penne in Tinucci Pink Sauce & meatballs W/Whole Grain Noodles Cucumbers & Dip * Corn Peaches
Week Five	Cheese Quesadilla W/Whole Grain Crackers JoJo Potatoes Pineapple Peaches*	Italian Dunkers W/Whole Grain Bread Corn Honey Dew	Beef Stroganoff (Egg noodles) W/Whole Grain Dinner Roll Green Beans Applesauce	Chicken Tenders W/Whole Grain Crackers Mashed Potatoes & Gravy Pears	Meatball Sub W/Whole Grain Bun Cucumbers & Ranch * California Medley Fresh Orange Slices * Mandarin Oranges

* Toddler replacement items

Milk is served with all meals (Children under 2 are served whole milk/Children over 2 are served 1% or Skim)